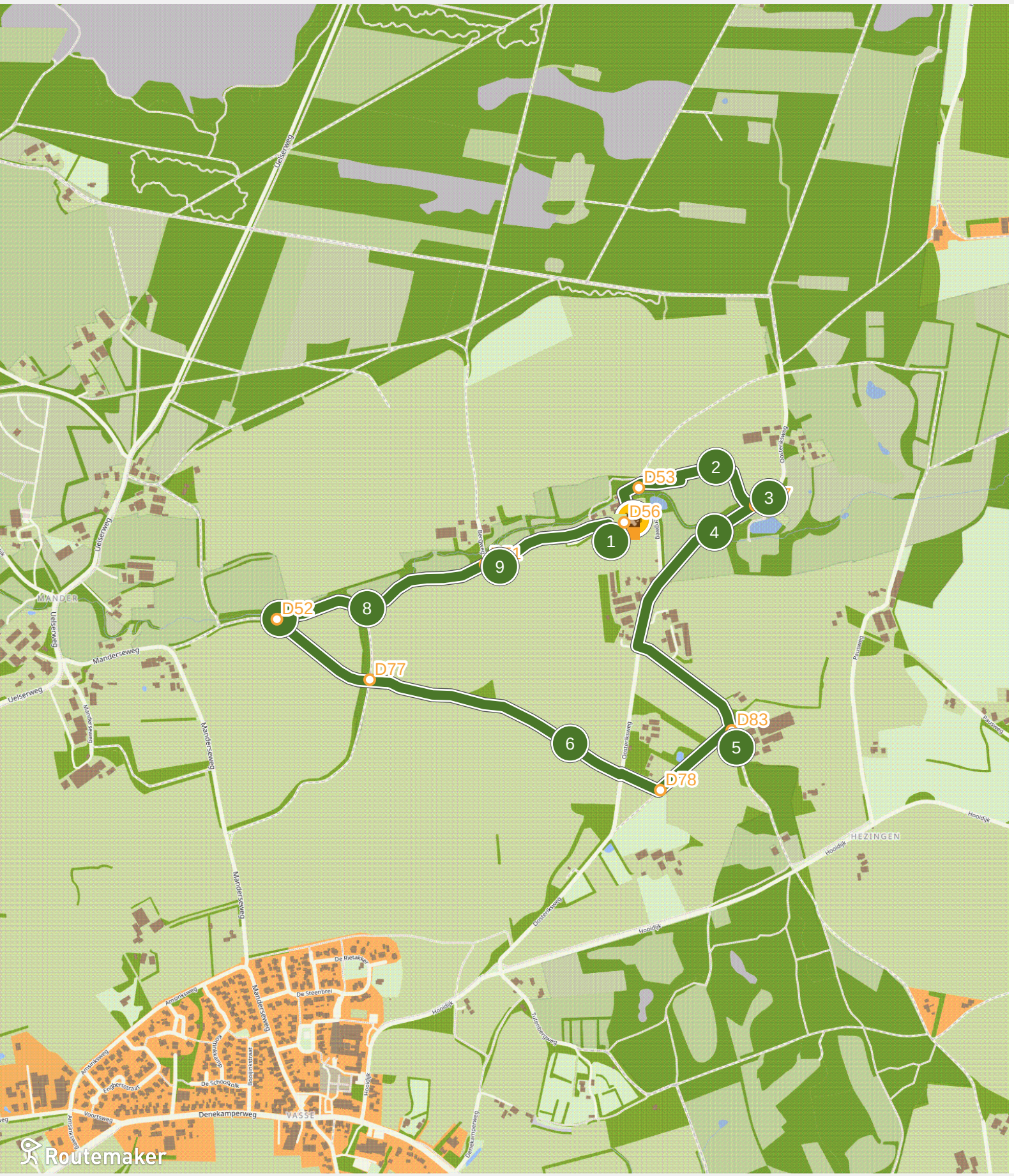Mander: langs watermolens & es (0.0 km tot 3.1 km)